

# School Counseling

## Newsletter

March 3, 2016  
Volume 1, No. 3

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*Greetings from the School Counselors! Can you believe it is already March?! We have been picking up speed here at BK and we are looking forward to the quickly approaching spring and sunshine. Over the next month we have lots of events going on including the National College Fair, Junior Information night, and scheduling for next year. We are also looking to continue ramping up our newsletter to include not only college prep information but fun facts and helpful articles that pertain to mental health and character education. We thank you for your continued support and look forward to an amazing few weeks until Spring Break!*

### Counseling "ChatSpot"

**Did you know that March is Developmental Disabilities Awareness Month?**

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**Developmental  
Disabilities  
Awareness Month**

#ddawareness

To support this movement, Bishop Kearney is participating in the nationwide movement, "Spread the Word to End the Word." This campaign is geared toward ending the use of the word "retard" and the negative connotation it carries. We had a guest speaker come in and talk about the influence of language and the importance of being respectful to ALL PEOPLE. Students and staff were invited to make the pledge, along with the rest of the nation, to no longer use the "r" word and to promote respect and kindness when interacting with others.

**Challenge Yourself:** Join us in supporting this cause and take your OWN pledge to end the use of the "r" word and encourage a friend or family member to do the same!

## Upcoming Standardized test dates

### SAT

Register at [www.collegeboard.org](http://www.collegeboard.org)

Test Date	Deadline
<i>Redesigned SAT</i>	
May 7, 2016	April 8, 2016
June 4, 2016	May 5, 2016

### ACT

Register at [www.actstudent.org](http://www.actstudent.org)

Test Date	Deadline
April 9, 2016	March 4, 2016
June 11, 2016	May 6, 2016

## Special Events

**Arc of Monroe County My Time Providers:** The purpose of this program is to train young men and women ages 16 and older to be in-home care providers to families with a child who is developmentally disabled. Students interested in becoming a provider will undergo 20 hours of training which includes instruction in developmental disabilities, care providing, First Aid, CPR, and in special sensitivities required to handle the disabled child and his/her family. This is an excellent career exploration opportunity for students who are interested in special education, medicine, health, or therapy fields. If interested in taking advantage of this wonderful opportunity, students should contact Molly Grondin (Supervisor of Family Support Services) at 271-0660 ext. 1569 or [mgrondin@arcmonroe.org](mailto:mgrondin@arcmonroe.org)

**Rochester Works! Summer Youth Employment Program:** In collaboration with the City of Rochester's OTR Summer Of Opportunity Program, students of Monroe County are given the opportunity to apply for a 6-week paid summer job. Below is the website where students can apply for a 6 week paid summer job. The deadline to apply is March 19<sup>th</sup> and students must be between the ages of 14 and 20. Visit <http://summeryouthemployment.org/> for more information.

**Monroe County Sherriff's Office Teen Police Academy:** This academy provides an introduction to law enforcement training as well as an understanding of law enforcement's role in the community. The training includes classroom instructions, role-playing scenarios, and rigorous physical fitness training. Teens who are interested should be between the ages of 13 and 18. There are two opportunities to attend: July 11-15 or July 25-29. *Please see your School Counselor for a copy of the application form.*

**MCC High-Tech Exploration Night:** MCC is hosting a unique opportunity to learn about careers in Rochester's high-tech companies and the skills required to get them. The event is Wednesday March 23<sup>rd</sup> from 7-9pm at MCC. RSVP at [www.monroecc.edu/go/hightechexpo](http://www.monroecc.edu/go/hightechexpo)

**Cornell University's Expanding Your Horizons:** The Expanding Your Horizons Conference provides a hands-on opportunity for girls in grades 7-9 and their parents to learn about careers in math, sciences, and engineering. There is an online lottery system that is used to select candidates to attend this conference. The lottery will be open from March 7-11. Visit <http://www.eyh.cornell.edu> for more information and to register for the lottery.

## Financial Aid Information

FASFA grants and loan applications opened January 1, 2016 – <https://fafsa.ed.gov/>

A screenshot of a web browser displaying the FAFSA website. The browser's address bar shows "https://fafsa.ed.gov". The website header includes the "Federal Student Aid" logo, the text "PROUD SPONSOR of the AMERICAN MIND", and the "FAFSA Free Application for Federal Student Aid" logo. Below the header is a navigation menu with icons for Home, About Us, FSA ID, StudentAid.gov, and Help, along with a search bar and language options for English and Español. The main content area features a large blue banner with the text "Get help paying for college" and "Submit a Free Application for Federal Student Aid (FAFSA)". Below the banner is a photo of diverse college students. Two columns of options are provided: "New to the FAFSA?" with a "Start A New FAFSA" button, and "Returning User?" with a list of actions (Make a correction, Add a school, View your Student Aid Report (SAR), and more...) and a "Login" button. At the bottom, there are sections for "Deadlines" (Information about your deadlines.) and "School Code Search", and an "Announcements" section with a notice about the IRS Data Retrieval Tool being unavailable on Saturday, January 9 from 6 a.m. through 12 p.m. ET.

*Unsure about the FAFSA process? Here are some resources to help:*

<http://www.startheregetthere.org/>

<https://studentaid.ed.gov/sa/>

<https://www.edvisors.com/fafsa/forms/tutorial/>

<b><u>SCHOLARSHIPS</u></b>			
<b>Deadline</b>	<b>Scholarship</b>	<b>General Requirements</b>	<b>Application/Contact</b>
March 4	William J Welch College Scholarship Application	Henrietta Chamber of Commerce will be awarding three \$3000 scholarships to a high school senior. The student must be a resident of the Rush-Henrietta School District and major in business in college.	See School Counselor for application
March 4	Hispanic Scholarship Endowment Fund	Applicant must be a high school senior of Hispanic descent with a GPA 3.0 or higher.	Please see School Counselor for application
March 11	Annual Len Szumiloski Scholarship	Family First Credit Union will award two high school seniors with a \$1000 scholarship. Student must be (or become) a member of Family First Federal Credit Union and attending an accredited college in the Fall of 2016.	Please see your School Counselor for application or visit: <a href="http://www.familyfirstny.com">www.familyfirstny.com</a>
March 15	Firemen's Association of the State of New York (FASNY) Volunteer Scholarship Program	Fifteen \$1500 scholarships will be awarded to high school seniors. Applicants must be in good standing with FASNY or have a parent/guardian who is a member. Must also serve as junior firefighter, Explorer Scout or RAM.	For more information and the application visit <a href="http://www.FASNY.com">www.FASNY.com</a>
March 27	Seton Hall's Sustainable Development Challenge	High school Sophomores, Juniors, and Seniors who are interested should submit a 300-500 word statement that describes an innovative approach or idea they have for addressing one of the UN Sustainable Development Goals	Visit <a href="http://www.shu.edu/go/UNChallenge">www.shu.edu/go/UNChallenge</a> for additional information
March 31	Vincent Lombardi Lodge #2270 Scholarship	In order to be eligible for one of the Vincent Lombardi scholarships the applicant must be a high school senior and of Italian descent.	For application and additional requirements please see your School Counselor

Deadline	Scholarship	General Requirements	Application/Contact
April 12	WNY Safari Club International Scholarship	The WNY Safari Club International will be awarding up to four \$1, 500 scholarships to high school seniors who are interested in the environment and outdoor activities. Students who are looking to major in environmental conservation and/or wildlife enforcement are preferred.	See your School Counselor for application
April 15	AKOMA African American Women’s Gospel Choir: Nona Patterson Chambers Scholarship	This organization provides scholarship assistance to college bound African American young ladies who are current seniors and are active in community and church activities.	See your School Counselor or visit <a href="http://www.akoma.org">www.akoma.org</a> for additional information and a copy of the application
April 15	Dr. Robert Santo Memorial Scholarship	In order to qualify for this \$2,000 scholarship, students must be a high school senior, an Irondequoit resident, have at least 50 hours of community service, hold at least a “C” average and plan to pursue a career in the medical or education fields with a community service emphasis. A 200 to 500 word essay, transcript, and completed application are required.	Please see your School Counselor for details
April 15	LendEDU Scholarship	Two \$1000 scholarships will be given out by LendEDU. Students must write a 750 word essay answering the question, “how do you plan to utilize scholarships, financial aid, student loans, or other things to pay for college?”	For application visit: <a href="https://lendedu.com/blog/scholarship-application/">https://lendedu.com/blog/scholarship-application/</a>
April 15	Traveling Cabaret of Irondequoit	Must be a college-bound high school senior pursuing the arts. (The Traveling Cabaret is an 11-member volunteer not-for-profit community theater organization that raises money for scholarships and charities performing song, dance, and comedy throughout the Rochester area).	Please see your School Counselor for an application

Deadline	Scholarship	General Requirements	Application/Contact
May 13	Theta Omicron Scholarship	This scholarship is for students who have been accepted to and plan to attend an accredited 4 year UNCF School or historically Black College or University. Students interested must complete the application as well as provide 2 letters of recommendation.	Please see your School Counselor for an application
June 6	Charlotte Community Association Scholarship	The Charlotte Community Association is offering two \$1,000 scholarships to students who are residents of Charlotte. Eligible students must submit a current transcript, PSAT or SAT or ACT scores, 2 letters of recommendation, and an essay of 100 words or less in addition to completing the application	Please see your School Counselor for an application
August 15	NYS Science, Technology, Engineering and Mathematics Incentive Program	Students in the top 10% of their class applying to a SUNY school and studying engineering are eligible to receive a full tuition scholarship. Applicants must be a high school senior who will be enrolled in a SUNY or CUNY college earning a degree in a STEM field.	For additional requirements and application visit : <a href="https://webapps.hesc.ny.gov/questionnaire/page.hesc?questionnaireId=55&amp;versionNumber=2">https://webapps.hesc.ny.gov/questionnaire/page.hesc?questionnaireId=55&amp;versionNumber=2</a>
No Date Specified	Get-It-Straight Orthodontics Scholarship Award	One time \$500 Award to a graduating senior and patient of Get-It Straight Orthodontics. Student must submit a 300 word essay on their contributions in community service and how it has impacted their life.	See School Counselor for Application



You can also visit  
[www.racf.org/scholarships](http://www.racf.org/scholarships)  
 For additional scholarship options



**SCHOOL-SPECIFIC SCHOLARSHIPS**

Deadline	Scholarship	General Requirements	Application/Contact
May 1	Lawrence Technological University Award for Excellence in Science and Mathematics	Students interested in this scholarship must be a Junior, have completed a year of chemistry or physics AND 2 years of college preparatory math courses with distinction, and be an active and responsible citizen of the school and community. The winner of this scholarship will receive an award of \$8,000 (\$2,000 per year) to Lawrence Tech.	See your School Counselor if you believe you fit the criteria for this nomination and are interested in attending this college
May 15	RIT Computing Medal and Scholarship Program and Innovation and Creativity Award Program	One male and one female student can be nominated for each of these scholarship programs. Nominees must be Juniors who rank in the top 10% of their class, are involved as leaders in their school/community, and either 1) demonstrate an interest and ability in computing or 2) demonstrate outstanding achievement in innovation, creativity, or entrepreneurship. Students elected to receive these awards are eligible for a \$28,000 (\$7,000 per year) scholarship once enrolled at RIT	See your School Counselor if you believe you fit the criteria for this nomination and are interested in attending this college
May	Saint Michael's College Book Award	This award seeks to recognize students who exhibit characteristics of an ideal Saint Michael's student. Criteria include: students must be Juniors who attain mostly A's and B's in honors and AP classes, participate in National Honor Society, demonstrate sustained and sincere commitment to community service, issues of peace and justice, and concern for others.	Please see your School Counselor for more information if you are interested in attending this college

<p>June 1</p>	<p>Clarkson University Leadership and Achievement Awards Programs</p>	<p>These awards are designed to recognize students in their Junior year who have an academic interest in Engineering, Business, Science, or Liberal Arts, demonstrate strong leadership qualities, positively impact their school and local community, and rank in the top 15% of their class. The Leadership Award is \$15,000 per year (\$60,000 over 4 years) and the Achievement Award is \$12,000 per year (\$48,000 over 4 years). Both awards are only valid for students who enroll at Clarkson University</p>	<p>See your School Counselor if you believe you fit the criteria for this nomination and are interested in attending this college</p>
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### Summer Programs

Please see your Counselor for more information on these college summer programs!

- Adelphi University Summer Pre-College Program
- Alfred University Summer Programs
- Barnard College Summer Programs
- Boston University Pre-College Programs
- Christendom College Summer Program
- Cornell University CURIE and CATALYST academies and Summer College
- Harvard Summer Institute
- HOBY State Leadership Seminar for Sophomores
- NYU Summer Programs
- Oxbridge Academic Programs
- Rensselaer PREFACE Summer Program (applications due MARCH 25TH)
- Stanford Pre-Collegiate Studies
- University of Rochester Summer High School Research Program (application due MARCH 18<sup>TH</sup>)
- Washington and Jefferson Global Summer Academy
- Washington University in St. Louis Summer Experiences



Enjoy this Easter Season! Thank you again for  
reading our newsletter!

